

## SACRED CHANTS VOLUME 2

### 1. NOW I WALK IN BEAUTY

NOW I WALK IN BEAUTY,  
BEAUTY BEFORE ME,  
ABOVE AND BELOW ME,  
BEAUTY ALL AROUND ME

*(Navaho Prayer - Libana - Fire Within)*

### 2. NOW IS THE TIME FOR THE HARVEST OF OUR SOULS

BABA LAL GUMBALA LAL GUMBALA HABISAY,

Repeat,

OH NANA NANA HABISAY,

Repeat,

HABISAY, HABISAY.

*(Zulu Chant)*

### 3. SUNRISE CHANT

OSAY IYO,

ABAY ADAY O,

I YAY O.

*(Ghanaian Chant)*

### 4. YOU KICK AND THEN YOU GLIDE

YOU KICK (clap, clap) AND THEN YOU GLIDE,

Repeat,

KEEP BREATHING, IT'S THE MOST IMPORTANT PART,

Repeat,

IT'S ALL IN THE RHYTHM, IT'S ALL IN THE RHYTHM OF THE HEART,

Repeat.

*(Swimming Chant)*

### 5. BE THOU A SMOOTH WAY BEFORE ME

BE THOU A SMOOTH WAY BEFORE ME,

BE THOU A GUIDING LIGHT ABOVE ME,

BE THOU A KEEN EYE BEHIND ME,

THIS DAY, THIS NIGHT, FOR EVER.

*(Celtic Prayer - Nickomo)*

**6. COME SING A SONG WITH ME**

COME SING A SONG WITH ME, COME SING A SONG,  
COME SING A SONG WITH ME THAT I MIGHT KNOW YOUR MIND,  
AND I'LL BRING YOU HOPE WHEN HOPE IS HARD TO FIND,  
AND I'LL BRING A SONG OF LOVE AND A ROSE IN THE WINTERTIME.

(Repeat with Share a Smile/Dance a Dance)

*(Carolyn McDade)*

**7. NON NOBIS DOMINE**

NON NOBIS DOMINE, NON NOBIS,  
SAD NOMINE TUA DA GLORIAM,  
SAD NOMINE TUA DA GLORIAM.

*'Not for us Lord, but to you goes the Glory' (William Byrd - Latin)*

**8. SUNDERISE**

SUNDERISE COME IN THE MORNING, SUNDERISE COME IN THE MORNING,  
BRINGING BACK THE WARM TO THE GROUND, TO THE GROUND, TO THE  
GROUND,  
SUNDERISE COME IN THE MORNING, SUNDERISE COME IN THE MORNING,  
SPREADING ALL THE LIGHT ALL AROUND, ALL AROUND, ALL AROUND,

SUNDERISE COME EVERY MORNING,  
SUNDERISE COME EVERY DAY,  
SUNDERISE COME EVERY MORNING,  
SUNDERISE EVERY, EVERY, EVERY DAY.

*(Adapted from a Chant by Rolf Harris)*

**9. GOD HAS GIVEN ME THE POWER**

GOD HAS GIVEN ME THE POWER TO CHANGE MY WAYS,  
Repeat,  
HEAL THE BROKEN, LOOSE THE BOUND,  
Repeat,  
LIVE WELCOMING TO ALL, LIVE WELCOMING TO ALL,  
LIVE WELCOMING TO ALL.

*(The Words of Mechtild of Magdeburg a C13 Christian Mystic - Peace Dance)*

**10. SPIRIT OF PEACE**

SPIRIT OF PEACE,  
TO YOUR CAUSE WE ADD OUR STRENGTH,  
THAT LOVE MY REIGN AND WAR SHALL CEASE,  
MIR, MIRU, MIR.

*'Peace on Earth, Peace' (Russian Prayer - Rev. Otto Zingg)*

**11. MAY THERE ALWAYS BE SUNSHINE**

MAY THERE ALWAYS BE SUNSHINE,  
MAY THER ALWAYS BE BLUE SKY,  
MAY THERE ALWAYS BE MAMA,  
MAY THERE ALWAYS BE LOVE.

*(Russian Children's Song)*

**12. THE ROCKS THE STONES AND THE CRYSTALS**

THE ROCKS THE STONES AND THE CRYSTALS,  
HEY YUNG, HEY YUNGA, HEY YO,  
THE ROCKS THE STONES AND THE CRYSTALS,  
HEY YUNG, HEY YUNGA, HEY YO,  
THE POWER OF THE EARTH, THE POWER OF THE EARTH,  
THE POWER OF THE EARTH, THE POWER OF THE EARTH.

*(Prana Chant - Tony Wrench/ Andrea Gietz)*

**13. TWO FLAMES ONE FIRE**

TWO FLAMES ONE FIRE,  
SOFTLY MELTING THE HEART,  
CELEBRATE WHEN WERE TOGETHER,  
CHERISH THE MOMENTS APART.

*(Siari - Jo Hanstead)*

**14. SHRI GURU SHARANAM**

SHRI GURU SHARANAM, SAT GURU SHARANAM,  
Repeat,  
GURU OM GURU OM, GURU OM MANGALAM,  
Repeat.

*'I Surrender to the Guru, the True Guru, The Guru Grants Auspiciousness' (Sanskrit)*

**15. RADHE, RADHE**

RADHE, RADHE, RADHE GOVINDA BOLO,  
Repeat,  
RADHE GOVINDA,  
Repeat.

*'Sing the Name of Radha and Krishna' (Sanskrit)*

**16. EASTER BISHMILLAH**

BISHMILLAH YA RAHMAN YA RAHIM,  
Repeat Three Times,

*'We begin in the name of the One, the most compassionate, the most merciful'.*

LA ILLAHA IL ALLAH HU,

Repeat Three Times,

*'There is no God but God/ There is no reality but unity' (Wali and Arienne - Sufi)*

**17. THE OCEAN REFUSES NO RIVER**  
THE OCEAN REFUSES NO RIVER, NO RIVER,  
Repeat,  
ISHQ ALLAH MAHBOOD ALLAH, LA ALLAH,  
Repeat.  
*'God is Love, Lover and Beloved' (Lila Flood - Sufi)*

**18. MAY THE CIRCLE BE OPEN**  
MAY THE CIRCLE BE OPEN BUT UNBROKEN,  
MAY THE LOVE OF THE GODDESS BE EVER IN YOUR HEARTS,  
MERRY MEET AND MERRY PART,  
AND MERRY MEET AGAIN.  
*(Trad. Wicca Song)*

**19. I AM A RIVER**  
I AM A RIVER,  
FLOWING TO THE OCEAN,  
I AM A RIVER,  
PASSING THROUGH THIS LAND,  
FLOW LIKE A RIVER,  
FLOW LIKE A RIVER,  
PASSING THROUGH THIS LAND.  
*(Nickomo)*

**20. ISHQ ALLAH MAHBOOD ALLAH**  
ISHQ ALLAH MAHBOOD ALLAH,  
ISHQ ALLAH MAHBOOD ALLAH,  
ALLAH YA JAMIL,  
ALLAH YA JAMIL,  
ALLAH YA JAMIL,  
ALLAH, ALLAH.  
*'God is Love, Lover and Beloved/ God is Beauty' (Sufi)*

**21. BY NIGHT I GO ON MY WAY**  
BY NIGHT I GO ON MY WAY UNSEEN,  
THEN AM I HOLY THEN HAVE I POWER TO HEAL,  
THEN AM I HOLY THEN HAVE I POWER TO HEAL.  
*(Woman Shaman's Song - Prana)*

**22. AVE MARIA**

AVE MARIA, AVE, AVE,  
AVE MARIA, AVE, AVE,  
AVE MARIA, GRATIA PLENA,  
AVE MARIA, GRATIA PLENA.

*'Hail Mary Full of Grace' (Tasmin Fernandez - Latin)*

**23. A ROSE A ROSE**

A ROSE, A ROSE, THIS IS THE FRAGRANCE OF THE HEART,  
Repeat,  
IN MY LIFETIME PEACE IN EVERY BEING,  
IN MY LIFETIME LOVE IN EVERY HEART.

*(Peace Dance)*

**24. TALL TREES GROW**

TALL TREES GROW WAY DOWN IN THE FOREST,  
HIGH IN THE SKY,  
AND THE ROOTS GO DOWN IN THE DEEP DARK EARTH.

*(Nickomo)*

**25. THE SPIRIT OF THE PLANTS**

THE SPIRIT OF THE PLANTS HAS COME TO ME IN THE FORM OF A BEAUTIFUL  
DANCING GREEN WOMAN,

Repeat,  
HER EYES FILL ME WITH PEACE,  
HER DANCE FILLS ME WITH JOY,  
HER EYES WILL ME WITH PEACE,  
HER HEART FILLS ME WITH LOVE.

*(Lisa Thiel)*

**26. KADOSH, KADOSH**

KADOSH, KADOSH, KADOSH,  
ADONAI TSEBAYOTH.

*'Holy Holy Holy, Lord God of Hosts' (Hebrew)*

**27. MASTER OF LIGHT**

MASTER OF LIGHT YOU BURN BRIGHTLY WITHIN ME,  
ILLUMINATE MY WAY HOME,

Repeat,

OH HOLY SPIRIT YOU BURN BRIGHTLY WITHIN ME,  
ILLUMINATE MY WAY HOME,

Repeat.

*(Sai Baba Bhajan - Cass Smith)*

**28. THE MOON SHE DANCES**

THE MOON SHE DANCES, LIKE THE WAVES,  
LIKE THE WAVES ON THE SHORE,  
MAKING CIRCLES, MAKING CIRCLES, LIKE THE WAVES,  
LIKE THE WAVES ON THE SHORE.

*(Elaine Nash - Prana Chant)*

**29. OM TARE TUTARE**

OM TARE TUTARE TURE SOHA,  
OM TARE TUTARE TURE SOHA.

*'Goddess Tara liberate us from suffering' (Buddhist Chant)*

**30. THE LORD IS NOW HOME**

THE LORD IS NOW HOME IN THE TEMPLE OF MY HEART,  
Repeat,  
AND THE MORE THAT I PRAY, LORD PLEASE STAY,  
LOVE IS AWAKENING IN ME,  
LOVE IS AWAKENING, LOVE IS AWAKENING,  
LOVE IS AWAKENING IN ME.

Repeat all using the word JOY instead of LOVE.

*(Sai Baba Bhajan).*

**31. MAY THE LOVE WE'RE SHARING**

MAY THE LOVE WE'RE SHARING SPREAD ITS WINGS,  
FLY ACROSS THE EARTH,  
AND BRING NEW JOY TO EVERY SOUL THAT IS ALIVE,  
Repeat,

LOKA SAMASTA SUKINO BHAVANTU,  
MAY ALL THE BEINGS IN ALL THE WORLDS BE HAPPY.

Repeat.

*(Sai Baba Bhajan)*

**32. MAY YOU WALK IN BEAUTY**

MAY YOU WALK IN BEAUTY IN A SACRED WAY,  
MAY YOU WALK IN BEAUTY EACH AND EVERY DAY,  
MAY THE SPIRIT OF THE FIRE FILL YOUR HEART'S DESIRE,  
MAY THE SPIRIT OF THE SKY HELP YOUR MIND TO FLY,  
MAY THE SPIRIT OF THE RAIN WASH AWAY YOUR PAIN,  
MAY THE SPIRIT OF THE EARTH GRANT YOU NEW BIRTH.

*(Based on a Navaho Chant)*

**33. HEY YANA**

HEY YANA HEY YANA,  
HEY YANA YA HO,  
HEY YANA HEY YANA,  
HEY YANA YA HO,  
HEY YANA YA HO.

*(Native American Chant)*

**34. WHERE I SIT IS HOLY**

WHERE I SIT IS HOLY,  
HOLY IS THE GROUND,  
ROCKS AND TREES AND MOUNTAINS,  
LISTEN TO THEIR SOUND,  
GREAT SPIRIT CIRCLES AROUND ME,  
GREAT SPIRIT CIRCLES AROUND ME.

*(Native American Chant)*

**35. LET FLOW LIGHT OF WATER**

LET FLOW LIGHT OF WATER, LET FLOW,

Repeat Three Times,

A, I, O,

Repeat Three Times.

*(Autumn Equinox Chant - Nickomo)*

**36. YOU ARE MY SISTER**

YOU ARE MY SISTER, YOU ARE MY MOTHER,  
YOU ARE LOVER AND MY FRIEND,  
YOU ARE THE BEGINNING, YOU ARE THE CENTRE,  
AND YOU ARE BEYOND THE END,

I LOVE YOU SO, YOU HELP ME SEE,  
SEE YOU IN ALL, SEE YOU IN ME,  
FOR I AM IN YOU AND YOU ARE IN ME,  
FOR I AM IN YOU AND YOU ARE IN ME,

YOU ARE MY BROTHER, YOU ARE MY FATHER,  
YOU ARE MY LOVER AND MY FRIEND,  
YOU ARE THE BEGINNING, YOU ARE THE CENTRE,  
AND YOU ARE BEYOND THE END,

I LOVE YOU SO, YOU HELP ME SEE,  
SEE YOU IN ALL, SEE YOU IN ME,  
FOR I AM IN YOU AND YOU ARE IN ME,  
FOR I AM IN YOU AND YOU ARE IN ME.

*(Translation of a Traditional Hindu Song)*

## **RESOURCES**

### **EAGLES WING**

"**Turn the World Around**" - 28 chants from around the world (£10)

"**Forty Four Medicine Wheel Chants**" - Native American Chants (£10)

[eagleswing.co.uk/shop/](http://eagleswing.co.uk/shop/)

### **ROBERT GASS AND ON THE WINGS OF SONG**

Beautiful chants available from Spring Hill Music, PO Box 800, Boulder, Colorado, 80306, USA.

<http://www.springhillmedia.com>

### **PRANA**

"**Best of Prana**" (CD £10 plus £2 p&p) - Earth Chants from the pioneers of chant.

Jane Faith - Tel: 01239 820 164 - <http://www.thatroundhouse.info/music.htm>

"**Earth My Body**" (CD £10.90) – First CD digitally re-mastered.

[http://www.earthheartmusic.com/prana-earth-my-body\\_e.htm](http://www.earthheartmusic.com/prana-earth-my-body_e.htm)

### **LIBANA**

CDs include 'Night Passage', 'Fire Within' and 'A Circle is Cast' - <http://www.libana.com>

### **NICKOMO AND RASULLAH**

CDs, books, workshops and camps - <http://www.nickomoandrasullah.com>